Activities

Poland Spring Resort has many activities to enjoy inside and outside many free or for a small fee for guest's enjoyment.

- Award-winning Donald Ross Golf Course
- grass tennis courts
- hiking
- mountain biking trails
- crystal clear swimming pool
- two museums
- shuffleboard
- bocce
- tether ball
- swings
- horseshoes
- playground
- putting green
- exercise room
- ping pong
- badminton
- game rooms
- mini golf course
- driving range
- disc golf
- canoe/kayak rentals
- 10000 volume library