

M.C.C.A.

Stephen Gorden, President
Cumberland County

Michael Cote, Vice President
York County

William Blodgett, Secretary-Treasurer
Lincoln County

Lauren Haven
Administrator

Charles Pray
Lobbyist



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MAINE COUNTY COMMISSIONERS ASSOCIATION

Board of Directors' Meeting

Zoom Meeting August 12, 2020

Agenda

- I. Call to Order
- II. Roll Call - Number of Commissioners, number of non-commissioner Proxies?
- III. Approval of the Agenda
- IV. Approval of the Minutes
- V. Officer Reports:
 - a. Treasurer:
 - i. Financial Report, Lauren Haven
 - ii. Projected Status of year- end Budget, Norm Fournier
 - b. NACo: National Legislation, Peter Baldacci - Federal Update
- VI. Committee Reports
 - a. Standing Committees:
 - i. *Legislative Committee* - Amy Fowler, Chr
 1. w/ Norm Fournier: Status of the Lobbyist RFP
 2. Legislative Activity - Charles Pray, Lobbyist
 3. Carrie Kipfer - comments on LD 973 (See Addendum)
Jail funding, distribution of 1.7 million
 4. Do we have any legislation you wish to propose/present?
 - ii. *Professional Committee* - Mike Cote - (Excused for Education)
 1. Volunteers for updating MCCA governing Docs?
Please contact either Mike Cote 793-2497 or Lauren 623-4697
 - iii. *Risk Pool Agency* - Norm Fournier w/ Malcolm - announcements - LD 492
 - iv. *Affiliate Organization Committee*: Do any of our Affiliated Associations have reports?
 - v. *Other?*

b. Ad Hoc Committees - none at this time

c. MCCA Staff Reporting - Lauren / Status of September 2021 Convention, Resource Guide

VII. Special Orders - Usually items become special orders or general orders by adoption of the motion to postpone. - None

VIII. Unfinished Business - *September Meeting Venue*

IX. New Business - none

X. Remarks for Good of the Association - time set aside for members to offer comments without formal motions about the MCCA, this is usually when intentions and resolutions may be brought forward for the body to hear without action.

Why must we be a working Board? There are only 15 Board Members with 6 having leadership responsibilities, they need help from the other 9. We represent approximately ??? people serving 1.3 million people. Please choose a committee if you do not wish to be “volunteered.”

XI. Adjournment

Addendum

I. **Rule 208. Requirements for Drafting.**

- II. A request for a bill or resolve filed with the Revisor of Statutes is considered complete when the request is properly titled and accompanied by sufficient instructions, information and data required for its preparation. When a request is not accompanied by sufficient instructions, information or data, the Revisor of Statutes is directed to give written notice of inadequate information to the legislator. Upon receipt of said written notice, the legislator has 5 business days, unless an alternative period is set jointly by the presiding officers, to file adequate information with the Revisor of Statutes, or the request for the bill or resolve will be denied. Drafts prepared by an outside source must be filed in final form by the appropriate cloture date.
- III. When directed by the sponsor, the Revisor of Statutes shall prepare a bill or resolve in concept form. The bill or resolve shall contain only an enacting clause and a summary of the proposed legislation and shall not be fully drafted by the Revisor of Statutes. The bill or resolve prepared in this form shall be printed and referred to a committee in the same manner as other legislation and may be reported in fully drafted form by that committee in the same manner as other legislation. Except as otherwise provided in this Joint Rule, this method of drafting legislation is not allowed for legislation submitted by the Governor, by agencies or departments of state government, by study commissions, by joint standing or joint select committees or pursuant to law or statute. Any request for a bill or resolve submitted after cloture must state if it is a request for a concept draft. Any committee amendment must be germane to the detailed summary of the concept draft.
- IV. The Revisor of Statutes shall prepare in concept form a bill submitted pursuant to the Maine Revised Statutes, Title 5, section 1666 that proposes to make unified appropriations and allocations for the expenditures of state government for the biennium, and shall include an Internet address at which may be found the text of the draft unified budget bill submitted to the Revisor of Statutes by the Governor.

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MAINE COUNTY COMMISSIONERS ASSOCIATION Board of Directors' Meeting Minutes

MCCA Zoom Conference, July 8th, 2020

I., II., III., IV. Call to Order, Roll Call, Approval of the Agenda, and Approval of the Minutes

MCCA President Steve Gorden called the meeting to order at approximately 10:00 am. Attendees announced themselves. He stated the group would be discussing the items in the agenda packet such as the RFP draft and the proposed org chart. Comm. Cote moved to accept the June meeting minutes, seconded by Comm. Blodgett and the motion passed unanimously.

DIRECTORS PRESENT:

Aroostook – Comm. Norman Fournier
Cumberland – Comm. Steve Gorden
Kennebec – Admin. Bob Devlin proxy for Comm. George Jabar
Knox – Comm. Sharyn Pohlman
Lincoln – Comm. William Blodgett
Oxford – Admin. Tom Winsor proxy for Comm. Steven Merrill
Penobscot – Comm. Peter Baldacci
Piscataquis – Comm. Wayne Erkkinen
Sagadahoc – Comm. Brian Hobart
Somerset – Admin. Dawn DiBlasi proxy for Comm. Newell Graf
Waldo – Comm. Amy Fowler
Washington – Comm. Chris Gardner
York – Comm. Michael Cote

OTHERS PRESENT:

Knox – Admin. Andrew Hart
Lincoln – Admin. Carrie Kipfer
Penobscot – Comm. Laura Sanborn
Piscataquis – Admin. Mike Williams
Sagadahoc – Admin. Pam Hile
MACCAM – Admin. Bill Collins

DIRECTORS ABSENT:

Androscoggin – Comm. Noel Madore
Hancock – Comm. William Clark
Kennebec – Comm. George Jabar
Oxford – Comm. Steven Merrill
Somerset – Comm. Newell Graf

STAFF PRESENT:

Risk Pool Manager – Malcolm Ulmer
Administrator – Lauren Haven
Lobbyist – Charles Pray

V. Officer Reports

a. Financial Report

Lauren Haven presented the June Financial Reports. The only significant note was an invoice for \$3,000 expected from a grant to be used to create drug abuse educational materials. The way the grant was written, counties were not directly eligible, but could receive the end product if MCCA facilitated the project. Lauren was working with RALI and NAMI to develop a brochure or other training resource which will be given to county offices for distribution.

b. NACo: National Legislation, Peter Baldacci

Comm. Baldacci mentioned the pending distribution of monies from the Federal Bill. NACo is advocating for the funds to be directly received by counties instead of given to states to be distributed. The amount counties will receive is unclear.

Lobbyist Charles Pray stated the Legislature expects to have a vacation in August which would further delay meetings and decisions.

VI. Committee Reports

a. Standing Committees:

i. Legislative Committee - Amy Fowler, Chair

Comm. Fowler stated there was not much to report from the Legislature. She thanked the group for work done on the RFP draft. Also, some bills still need to be watched, particularly from Senator Jackson. Admin. Carrie Kipfer mentioned in Bill 973, "An Act To Stabilize County Corrections" which was carried over, the calculation has changed a little bit. MACCAM had a deadline end of the day to work on this. Charlotte Warren and Sheriff's language had already been voted on. The entire bill had been reviewed and feedback was given to Sheriff Brackett.

1. w/ Norm Fournier: Explain the (Draft) Lobbyist RFP and the reason for the proposed dates

Comm. Norm Fournier gave the group a detailed overview of the draft of the RFP for a lobbyist explaining the reasoning for various elements included in the RFP as well as the timeline for hiring. Any changes made at this meeting would be incorporated into the document and the final draft would be sent to the list compiled from recommendations and any others who might be suggested. August 13th was the recommended deadline for proposals, which would allow time before the September 9th meeting when the final decision would be made by the Board of Directors. The Executive Committee will review proposals based on criteria in the RFP and perform interviews and reference checks on the top candidates if warranted. The Committee will present their recommendation to the full Board with pros and cons of the top two or three proposals. An offer would be extended to the chosen candidate with a commencement date of October 5th. The contract would be in effect for one year at which time a performance review would take place, and the group would consider extending the contract through the second half of the Legislative session.

Comm. Cote moved to approve the RFP and described timeline with additional suggestions of potential lobbyists. The motion was seconded by Comm. Fowler and the motion passed unanimously.

2. Legislative Activity - Charles Pray
3. The Legislative Committees that affects Counties, Charles Pray
4. Do we have any legislation we wish to propose?

No new legislation was discussed. However, the group agreed the organization needed to be more proactive in developing legislation. This would be a future goal to be actively pursued.

ii. Professional Committee - Mike Cote

1. MCCA State Convention sub-committee
 - a. Announcement of dates & location
 - b. Sub-committee members

The group discussed the new proposal from Sunday River for 2021 which would transfer our \$500 deposit from this year to next year and keep similar dates. Comm. Cote said we should move forward cautiously as there was no way to predict what the situation will be next year. Lauren Haven said the contract could be approved now to reserve the dates for the event, and the decision to hold the convention could be made later without further penalty. Comm. Baldacci moved to

accept the Sunday River proposal for the 2021 Convention of Maine Counties seconded by Comm. Erkinen and the motion passed unanimously.

2. Volunteers for updating MCCA governing Docs?

President Steve Gorden stated the Executive Committee had discussed reviewing and updating the MCCA By-laws last amended in 2016. The Professionalism in Management Committee was the logical choice for the project. Comm. Cote, currently the Chair of the committee, invited volunteers to contact him if interested in joining to work on updating the document.

iii. Risk Pool Agency - Norm Fournier w/ Malcolm - announcements?

There was nothing to report from the Risk Management Pool meeting earlier that day. The group discussed the pros and cons of meeting in person for the August meeting and decided to use Zoom for the August meeting and plan to meet in person in September perhaps at a larger venue for the sake of social distancing. Lauren will look into it.

iv. Affiliate Association Committee: Do any of our Affiliated Associations have reports?

Lauren reported she received an email from Register of Probate Kathleen Ayers. The Maine Association of Registers of Probate was looking at a couple of changes to the new code and had arranged for a meeting with a member of the Probate Trust and Law Advisory Committee Thursday July 9th. One request will be an increase in the fee structure due to all the added responsibilities with tracking guardianships. They have had no increases since 2005.

v. Other

b. Ad Hoc Committees (none at this time)

VII. Special Orders

VIII. Unfinished Business

IX. New Business

President Steve Gorden introduced the new organizational chart constructed by the Executive Committee using feedback from previous discussions and the results of the recent opinion survey. During the discussion, the group decided to leave the name, "Executive Committee" in place and simply add to the committee members the chair of any standing committees. This was the only change to the new org chart proposed. Comm. Blodgett moved to approve the organizational chart as amended, seconded by Comm. Cote and the motion passed unanimously.

X. Remarks for Good of the Association

President Steve Gorden stated the MCCA as an organization needed to have a working Board actively participating in the committee work. Doing this will ease the burden which now falls on a few people instead of spreading it out. Many counties are relying on proxies, but we need to make sure the commissioners are involved.

Some good news mentioned, Piscataquis has been awarded \$145,000 by the Maine Highlands Federal Credit Union to purchase the new sheriff's office headquarters. The building was formerly the Key Bank building on Hudson Avenue in Guilford.

XI. Adjournment

MCCA President Steve Gorden invited a motion to adjourn at approximately 11:02 a.m. Comm. Blodgett made the motion seconded by Comm. Fowler, and the motion was approved.

Respectfully submitted,

MCCA Administrator, Lauren Haven

Attested:

MCCA Secretary-Treasurer, Comm. William Blodgett

MAINE COUNTY COMMISSIONERS ASSOCIATION

July 2020 Financial Report

.Attached please find the financial reports for the month of July 2020. The Balance Sheet shows total assets and liabilities at \$151,487.26. This amount includes \$12,447 from the money market account for MainePERS employer contributions.

Debits to the bank account in July totaled \$10,737.88 and receipts of \$6.40 were credited to the account. The debits were from normal operating expenses during the month and the credit was from interest on the MCCA checking account. We have since received the \$3,000 from the RALI grant for a drug abuse education project which will be reflected in the next report. One oddity this month to note, we received two separate bank statements, one for the period 7-1 to 7-26 and another for 7-26 through 8-2. Therefore, there are two sets of reconciliations included which are applicable to those time periods. This seems to have been a glitch in the bank system and isn't expected to occur again.

Additional details of financial transactions appear in the *Profit & Loss Budget vs. Actual, Transaction Detail, Expenses by Vendor*, and *Profit & Loss Previous Year Comparison* reports. Please don't hesitate to contact me with any questions and please let me know if you would like to see anything presented differently in the financial reports.

Respectfully submitted,



Lauren Haven
Administrator

Accepted by:

Date: August 12, 2020

Michael Cote, Vice-President

William Blodgett, Secretary-Treasurer

Maine County Commissioners Association
Reconciliation Summary
1020-00 · Money Market Account, Period Ending 07/26/20

	July 2020
Beginning Balance	12,446.42
Cleared Transactions	
Deposits and Credits - 1 item	0.64
Total Cleared Transactions	0.64
Cleared Balance	12,447.06
Register Balance as of 07/26/20	12,447.06
Ending Balance	12,447.06

Maine County Commissioners Association Reconciliation Summary

1010-00 · MCCA Checking-Savings Bank, Pe

	July 26 2020
Beginning Balance	146,784.28
Cleared Transactions	
Checks and Payments - 10 items	-6,204.17
Total Cleared Transactions	-6,204.17
Cleared Balance	140,580.11
Uncleared Transactions	
Checks and Payments - 3 items	-587.48
Total Uncleared Transactions	-587.48
Register Balance as of 07/26/20	139,992.63
New Transactions	
Checks and Payments - 4 items	-4,315.77
Total New Transactions	-4,315.77
Ending Balance	135,676.86

Maine County Commissioners Association **Reconciliation Detail**

1010-00 · MCCA Checking-Savings Bank, Period Ending 07/26/20

	Date	Name	Amount	Balance
Beginning Balance				146,784.28
Cleared Transactions				
Checks and Payments - 10 items				
	6/12	Unlimited Technology	-125.00	-125.00
	6/26	Maine Farm Bureau	-1,497.17	-1,622.17
	6/26	Haven, Lauren	-89.60	-1,711.77
	7/3	Bangor Payroll	-962.46	-2,674.23
	7/10	Bangor Payroll	-962.46	-3,636.69
	7/14	MainePERS	-409.29	-4,045.98
	7/14	Spectrum Business/TWC	-176.24	-4,222.22
	7/17	Bangor Payroll	-962.46	-5,184.68
	7/24	Bangor Payroll	-962.41	-6,147.09
	7/28	Liberty Mutual Insurance	-57.08	-6,204.17
Total Checks and Payments			-6,204.17	-6,204.17
Total Cleared Transactions			-6,204.17	-6,204.17
Cleared Balance			-6,204.17	140,580.11
Uncleared Transactions				
Checks and Payments - 3 items				
	10/24	Treasurer, State Of Maine	-100.00	-100.00
	7/14	US Bank	-377.99	-477.99
	7/24	Camden National Bank	-109.49	-587.48
Total Checks and Payments			-587.48	-587.48
Total Uncleared Transactions			-587.48	-587.48
Register Balance as of 07/26/20			-6,791.65	139,992.63
New Transactions				
Checks and Payments - 4 items				
	7/28	Maine Farm Bureau	-1,497.17	-1,497.17
	7/28	Unlimited Technology	-125.00	-1,622.17
	7/28	Haven, Lauren	-77.80	-1,699.97
	7/31	Bangor Payroll	-2,615.80	-4,315.77
Total Checks and Payments			-4,315.77	-4,315.77
Total New Transactions			-4,315.77	-4,315.77

Maine County Commissioners Association

Reconciliation Summary

1010-00 · MCCA Checking-Savings Bank, Period Ending 08/02/20

	<u>Aug 2 2020</u>
Beginning Balance	140,580.11
Cleared Transactions	
Checks and Payments - 4 items	-4,540.11
Deposits and Credits - 1 item	6.40
Total Cleared Transactions	<u>-4,533.71</u>
Cleared Balance	<u>136,046.40</u>
Uncleared Transactions	
Checks and Payments - 3 items	-302.80
Total Uncleared Transactions	<u>-302.80</u>
Register Balance as of 08/02/20	<u>135,743.60</u>
Ending Balance	135,743.60

Maine County Commissioners Association

Reconciliation Detail

1010-00 · MCCA Checking-Savings Bank, Period Ending 08/02/20

	<u>Date</u>	<u>Name</u>	<u>Amount</u>	<u>Balance</u>
Beginning Balance				140,580.11
Cleared Transactions				
Checks and Payments - 4 items				
	7/14	US Bank	-377.99	-377.99
	7/24	Camden National Bank	-49.15	-427.14
	7/28	Maine Farm Bureau	-1,497.17	-1,924.31
	7/31	Bangor Payroll	-2,615.80	-4,540.11
Total Checks and Payments			-4,540.11	-4,540.11
Deposits and Credits - 1 item				
	9/2		6.40	6.40
Total Deposits and Credits			6.40	6.40
Total Cleared Transactions			-4,533.71	-4,533.71
Cleared Balance			-4,533.71	136,046.40
Uncleared Transactions				
Checks and Payments - 3 items				
	10/24	Treasurer, State Of Maine	-100.00	-100.00
	7/28	Unlimited Technology	-125.00	-225.00
	7/28	Haven, Lauren	-77.80	-302.80
Total Checks and Payments			-302.80	-302.80
Total Uncleared Transactions			-302.80	-302.80
Register Balance as of 08/02/20			-4,836.51	135,743.60

Maine County Commissioners Association **Balance Sheet (accrual)**

As of August 2, 2020

	July 2020
ASSETS	
Current Assets	
Checking/Savings	
1000-00 · Bank and Cash Accounts	
1010-00 · MCCA Checking-Savings Bank	135,737.20
1020-00 · Money Market Account	12,447.06
1030-00 · Petty Cash Account	200.00
Total 1000-00 · Bank and Cash Accounts	<u>148,384.26</u>
Total Checking/Savings	148,384.26
Accounts Receivable	
1300-00 · Receivables	2,517.00
Total Accounts Receivable	<u>2,517.00</u>
Total Current Assets	150,901.26
Fixed Assets	
1200-00 · Fixed Assets	
1210-00 · Accumulated Depreciation	-6,074.00
1220-00 · Equipment	6,660.00
Total 1200-00 · Fixed Assets	<u>586.00</u>
Total Fixed Assets	<u>586.00</u>
TOTAL ASSETS	<u><u>151,487.26</u></u>
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Accounts Payable	
2000-00 · Accounts Payable	-77.80
Total Accounts Payable	<u>-77.80</u>
Other Current Liabilities	
2100-00 · Other Current Liabilities	
2120-00 · MainePERS Employee Contribution	111.79
2130-00 · Employee Health Insurance Contr	1,043.11
2140-00 · Accrued Vacation	820.90
Total 2100-00 · Other Current Liabilities	<u>1,975.80</u>
Total Other Current Liabilities	<u>1,975.80</u>
Total Current Liabilities	<u>1,898.00</u>
Total Liabilities	1,898.00
Equity	
3000-00 · Equity Accounts	
3020-00 · Fund Balance to Current Yr Inc	-89,430.00
Total 3000-00 · Equity Accounts	<u>-89,430.00</u>
3100-00 · Earnings	148,926.82
Net Income	90,092.44
Total Equity	<u>149,589.26</u>
TOTAL LIABILITIES & EQUITY	<u><u>151,487.26</u></u>

Maine County Commissioners Association

Profit & Loss Budget vs. Actual

January 1 through August 2, 2020

Accrual Basis

	2020 Budget	July 2020	Jan-July 2020	\$ Over Budget	% of Budget
Income					
4100-00 · Convention Income					
4110-00 · Plaques	400			-400	
4120-00 · Registration	26,000		353	-25,647	1%
4130-00 · Sponsorship	10,000			-10,000	
4140-00 · Vendor	9,000			-9,000	
Total 4100-00 · Convention Income	45,400		353	-45,047	1%
4300-00 · Dues	166,690		166,689	-1	100%
4400-00 · Other Income	10,000		34,717	24,717	347%
4500-00 · NACo Roster	500			-500	
4600-00 · MCCA Risk Pool Assessment	27,038			-27,038	
4810-00 · Interest Earned	100	1	36	-64	36%
Total Income	249,728	1	201,795	-47,933	81%
Gross Profit	249,728	1	201,795	-47,933	81%
Expense					
5000-00 · Payroll Expenses					
5020-00 · Payroll Fees	2,000	178	1,118	-882	56%
5030-00 · FICA	8,574	362	5,058	-3,516	59%
5040-00 · MainePERS Contributions	8,445	409	5,382	-3,063	64%
5050-00 · Salary-Office Manager	51,161	4,919	30,780	-20,381	60%
5060-00 · Salary-Executive Director	70,861		36,693	-34,168	52%
Total 5000-00 · Payroll Expenses	141,041	5,868	79,031	-62,010	56%
5100-00 · Insurance					
5110-00 · Health Insurance	12,105	1,007	7,047	-5,058	58%
5120-00 · Commercial, Crime, D&O Ins	2,070	57	1,763	-307	85%
5130-00 · Workers Comp	550		156	-394	28%
5140-00 · Unemployment Comp Ins	450		268	-182	60%
Total 5100-00 · Insurance	15,175	1,064	9,234	-5,941	61%
6010-00 · Prof. Services					
6012-00 · Prof Services - Legal Services	500			-500	
6013-00 · Financial Audit	3,000			-3,000	
Total 6010-00 · Prof. Services	3,500			-3,500	
6030-00 · Lobbying					
6031-00 · Lobbying Reg	200		200		100%
Total 6030-00 · Lobbying	200		200		100%
6040-00 · NACO Expenses					
6041-00 · Conferences	6,465			-6,465	
Total 6040-00 · NACO Expenses	6,465			-6,465	
6050-00 · Education and Training	600			-600	
6100-00 · Bank Charges	50			-50	

Accrual Basis

	2020 Budget	July 2020	Jan-July 2020	\$ Over Budget	% of Budget
6110-00 · Convention Expense					
6113-00 · Entertainment/Speakers	2,500		1,200	-1,300	48%
6114-00 · MCCA Staff Registration Expense	1,000			-1,000	
6118-00 · Meeting Exp.	32,500			-32,500	
6121-00 · Supplies	300			-300	
6124-00 · Commissioner Retirement Plaques	400			-400	
Total 6110-00 · Convention Expense	36,700		1,200	-35,500	3%
6140-00 · Copies-Printing					
6142-00 · Directory	100		96	-4	96%
Total 6140-00 · Copies-Printing	100		96	-4	96%
6145-00 · Dues Expense	1,400		600	-800	43%
6150-00 · Equipment - Office					
6151-00 · Computer Hardware & Software	300		105	-195	35%
6152-00 · IT Services	1,700	137	983	-717	58%
6153-00 · Photocopier Lease	4,092	378	2,646	-1,446	65%
6154-00 · Printer & Supplies	1,000		202	-798	20%
6156-00 · Other	400			-400	
Total 6150-00 · Equipment - Office	7,492	515	3,936	-3,556	53%
6160-00 · Fees	100		35	-65	35%
6170-00 · Meeting Expense					
6171-00 · Annual Meeting	2,000		1,062	-938	53%
6172-00 · County Officials' Workshop	3,000			-3,000	
6173-00 · Monthly	3,600		812	-2,788	23%
6175-00 · Meetings - Other	2,000			-2,000	
Total 6170-00 · Meeting Expense	10,600		1,874	-8,726	18%
6180-00 · Mileage & Travel Expense	600		131	-469	22%
6195-00 · Office Space Rental	19,000	1,497	11,977	-7,023	63%
6215-00 · Postage-Shipping	250		53	-197	21%
6230-00 · Advertising	250			-250	
6235-00 · Supplies	2,000	37	330	-1,670	17%
6240-00 · Telephone, Fax & Internet					
6241-00 · Cell Phone			1,125	1,125	100%
6243-00 · Phone, Fax & Internet	2,200	176	1,241	-959	56%
6240-00 · Telephone, Fax & Internet - Other	1,305	600	600	-705	46%
Total 6240-00 · Telephone, Fax & Internet	3,505	776	2,966	-539	85%
6250-00 · Website	200		40	-160	20%
6260-00 · Contingency	500			-500	
Total Expense	249,728	9,757	111,703	-138,025	45%

Maine County Commissioners Association

Expenses by Vendor Detail

July 1 through August 2, 2020

Accrual Basis

Bangor Payroll

Type	Date	Memo	Account	Amount	Balance
Bill	7/3	Office Managers Salary	5050-00 · Salary-Office Manager	983.87	983.87
Bill	7/3	Taxes	5030-00 · FICA	71.58	1,055.45
Bill	7/3	Processing fee	5020-00 · Payroll Fees	34.00	1,089.45
Bill	7/10	Office Managers Salary	5050-00 · Salary-Office Manager	983.87	2,073.32
Bill	7/10	Taxes	5030-00 · FICA	71.58	2,144.90
Bill	7/10	Processing fee	5020-00 · Payroll Fees	34.00	2,178.90
Bill	7/17	Office Managers Salary	5050-00 · Salary-Office Manager	983.87	3,162.77
Bill	7/17	Taxes	5030-00 · FICA	71.58	3,234.35
Bill	7/17	Processing fee	5020-00 · Payroll Fees	34.00	3,268.35
Bill	7/24	Office Managers Salary	5050-00 · Salary-Office Manager	983.87	4,252.22
Bill	7/24	Taxes	5030-00 · FICA	71.53	4,323.75
Bill	7/24	Processing fee	5020-00 · Payroll Fees	34.00	4,357.75
Bill	7/31	Office Managers Salary	5050-00 · Salary-Office Manager	983.87	5,341.62
Bill	7/31	Taxes	5030-00 · FICA	75.27	5,416.89
Bill	7/31	Processing fee	5020-00 · Payroll Fees	42.00	5,458.89
Bill	7/31	ER Health Insurance Contributions	5110-00 · Health Insurance	1,006.70	6,465.59
Total Bangor Payroll				6,465.59	6,465.59
Camden National Bank					
Bill	7/14	Email Backup	6152-00 · IT Services	12.00	12.00
Bill	7/14		6235-00 · Supplies	37.15	49.15
				49.15	49.15
Total Camden National Bank					
Liberty Mutual Insurance					
Bill	7/28		5120-00 · Commercial, Crime, D&O Ins	57.08	57.08
				57.08	57.08
Total Liberty Mutual Insurance					
Maine Farm Bureau					
Bill	7/28	Printed by MCCA	6195-00 · Office Space Rental	1,497.17	1,497.17
				1,497.17	1,497.17
Total Maine Farm Bureau					
MainePERS					
Bill	7/14		5040-00 · MainePERS Contributions	409.29	409.29

Accrual Basis	Type	Date	Memo	Account	Amount	Balance
Total MainePERS					409.29	409.29
Solutions Granted						
Total Solutions Granted	Bill	7/6		6240-00 · Telephone, Fax & Internet	600.00	600.00
Spectrum Business/TWC					600.00	600.00
Total Spectrum Business/TWC	Bill	7/14		6243-00 · Phone, Fax & Internet	176.24	176.24
Unlimited Technology					176.24	176.24
Total Unlimited Technology	Bill	7/28		6152-00 · IT Services	125.00	125.00
US Bank					125.00	125.00
Total US Bank	Bill	7/14		6153-00 · Photocopier Lease	377.99	377.99
TOTAL					377.99	377.99
					9,757.51	9,757.51

Maine County Commissioners Association Transaction Detail by Account

July 2020

Accrual Basis

1000-00 · Bank and Cash Accounts

1010-00 · MCCA Checking-Savings Bank

Date	Name	Memo	Amount	Balance
7/3	Bangor Payroll	Payroll for week 6/22 to 6/28/20	-962.46	-962.46
7/10	Bangor Payroll	Payroll for week 6/29 to 7/5/20	-962.46	-1,924.92
7/14	MainePERS		-409.29	-2,334.21
7/14	Spectrum Business/TWC		-176.24	-2,510.45
7/14	US Bank		-377.99	-2,888.44
7/17	Bangor Payroll	Payroll for week 7/6 to 7/12/20	-962.46	-3,850.90
7/24	Bangor Payroll	Payroll for week 7/13 to 7/19/20	-962.41	-4,813.31
7/24	Camden National Bank		-49.15	-4,862.46
7/28	Unlimited Technology		-125.00	-4,987.46
7/28	Maine Farm Bureau	Printed by MCCA	-1,497.17	-6,484.63
7/28	Haven, Lauren		-77.80	-6,562.43
7/28	Liberty Mutual Insurance		-57.08	-6,619.51
7/31	Bangor Payroll	Payroll for week 7/20 to 7/26/20	-2,615.80	-9,235.31
			-9,235.31	-9,235.31

Total 1010-00 · MCCA Checking-Savings Bank

1020-00 · Money Market Account

7/26	Interest		0.64	0.64
			0.64	0.64
			-9,234.67	-9,234.67

Total 1020-00 · Money Market Account

Total 1000-00 · Bank and Cash Accounts

2000-00 · Accounts Payable

7/3	Bangor Payroll	Payroll for week 6/22 to 6/28/20	-962.46	-962.46
7/3	Bangor Payroll	Payroll for week 6/22 to 6/28/20	962.46	0.00
7/6	Solutions Granted		-600.00	-600.00
7/10	Bangor Payroll	Payroll for week 6/29 to 7/5/20	-962.46	-1,562.46
7/10	Bangor Payroll	Payroll for week 6/29 to 7/5/20	962.46	-600.00
7/14	MainePERS		-409.29	-1,009.29
7/14	US Bank		-377.99	-1,387.28
7/14	Spectrum Business/TWC		-176.24	-1,563.52
7/14	Camden National Bank		-49.15	-1,612.67

Accrual Basis

Date	Name	Memo	Amount	Balance
7/14	MainePERS		409.29	-1,203.38
7/14	Spectrum Business/TWC		176.24	-1,027.14
7/14	US Bank		377.99	-649.15
7/17	Bangor Payroll	Payroll for week 7/6 to 7/12/20	-962.46	-1,611.61
7/17	Bangor Payroll	Payroll for week 7/6 to 7/12/20	962.46	-649.15
7/24	Bangor Payroll	Payroll for week 7/13 to 7/19/20	-962.41	-1,611.56
7/24	Bangor Payroll	Payroll for week 7/13 to 7/19/20	962.41	-649.15
7/24	Camden National Bank		49.15	-600.00
7/28	Maine Farm Bureau	Printed by MCCA	-1,497.17	-2,097.17
7/28	Unlimited Technology		-125.00	-2,222.17
7/28	Unlimited Technology		125.00	-2,097.17
7/28	Maine Farm Bureau	Printed by MCCA	1,497.17	-600.00
7/28	Haven, Lauren		77.80	-522.20
7/28	Liberty Mutual Insurance		-57.08	-579.28
7/28	Liberty Mutual Insurance		57.08	-522.20
7/31	Bangor Payroll	Payroll for week 7/20 to 7/26/20	-2,615.80	-3,138.00
7/31	Bangor Payroll	Payroll for week 7/20 to 7/26/20	2,615.80	-522.20
			-522.20	-522.20
Total 2000-00 · Accounts Payable				
2100-00 · Other Current Liabilities				
2120-00 · MainePERS Employee Contribution				
7/3	Bangor Payroll	Employee Contribution	-78.71	-78.71
7/10	Bangor Payroll	Employee Contribution	-78.71	-157.42
7/17	Bangor Payroll	Employee Contribution	-78.71	-236.13
7/24	Bangor Payroll	Employee Contribution	-78.71	-314.84
7/31	Bangor Payroll	Employee Contribution	-78.71	-393.55
7/31	Bangor Payroll	EE MEPRS Retirement Contributions	393.55	0.00
			0.00	0.00
Total 2120-00 · MainePERS Employee Contribution				
2130-00 · Employee Health Insurance Contr				
7/3	Bangor Payroll	EE Health Insurance Contributions	-48.28	-48.28
7/10	Bangor Payroll	EE Health Insurance Contributions	-48.28	-96.56
7/17	Bangor Payroll	EE Health Insurance Contributions	-48.28	-144.84
7/24	Bangor Payroll	EE Health Insurance Contributions	-48.28	-193.12
7/31	Bangor Payroll	EE Health Insurance Contributions	193.12	0.00

Accrual Basis	Date	Name	Memo	Amount	Balance
Total 2130-00 · Employee Health Insurance Contr	7/31	Bangor Payroll	EE Health Insurance Contributions	0.00	0.00
Total 2100-00 · Other Current Liabilities				0.00	0.00
4810-00 · Interest Earned				0.00	0.00
Total 4810-00 · Interest Earned	7/26		Interest	-0.64	-0.64
5000-00 · Payroll Expenses				-0.64	-0.64
5020-00 · Payroll Fees					
	7/3	Bangor Payroll	Processing fee	34.00	34.00
	7/10	Bangor Payroll	Processing fee	34.00	68.00
	7/17	Bangor Payroll	Processing fee	34.00	102.00
	7/24	Bangor Payroll	Processing fee	34.00	136.00
	7/31	Bangor Payroll	Processing fee	42.00	178.00
Total 5020-00 · Payroll Fees				178.00	178.00
5030-00 · FICA					
	7/3	Bangor Payroll	Taxes	71.58	71.58
	7/10	Bangor Payroll	Taxes	71.58	143.16
	7/17	Bangor Payroll	Taxes	71.58	214.74
	7/24	Bangor Payroll	Taxes	71.53	286.27
	7/31	Bangor Payroll	Taxes	75.27	361.54
Total 5030-00 · FICA				361.54	361.54
5040-00 · MainePERS Contributions					
Total 5040-00 · MainePERS Contributions	7/14	MainePERS		409.29	409.29
5050-00 · Salary-Office Manager				409.29	409.29
	7/3	Bangor Payroll	Office Managers Salary	983.87	983.87
	7/10	Bangor Payroll	Office Managers Salary	983.87	1,967.74
	7/17	Bangor Payroll	Office Managers Salary	983.87	2,951.61
	7/24	Bangor Payroll	Office Managers Salary	983.87	3,935.48
	7/31	Bangor Payroll	Office Managers Salary	983.87	4,919.35
Total 5050-00 · Salary-Office Manager				4,919.35	4,919.35
Total 5000-00 · Payroll Expenses				5,868.18	5,868.18
5100-00 · Insurance					

Accrual Basis	Date	Name	Memo	Amount	Balance
5110-00 · Health Insurance					
Total 5110-00 · Health Insurance	7/31	Bangor Payroll	ER Health Insurance Contributions	1,006.70	1,006.70
5120-00 · Commercial, Crime, D&O Ins				1,006.70	1,006.70
Total 5120-00 · Commercial, Crime, D&O Ins	7/28	Liberty Mutual Insurance		57.08	57.08
Total 5100-00 · Insurance				57.08	57.08
6150-00 · Equipment - Office				1,063.78	1,063.78
6152-00 · IT Services					
Total 6152-00 · IT Services	7/14	Camden National Bank	Email Backup	12.00	12.00
6153-00 · Photocopier Lease	7/28	Unlimited Technology		125.00	137.00
Total 6153-00 · Photocopier Lease				137.00	137.00
Total 6150-00 · Equipment - Office	7/14	US Bank		377.99	377.99
6195-00 · Office Space Rental				377.99	377.99
Total 6195-00 · Office Space Rental	7/28	Maine Farm Bureau	Printed by MCCA	514.99	514.99
6235-00 · Supplies				1,497.17	1,497.17
Total 6235-00 · Supplies	7/14	Camden National Bank		1,497.17	1,497.17
6240-00 · Telephone, Fax & Internet				37.15	37.15
6243-00 · Phone, Fax & Internet				37.15	37.15
Total 6243-00 · Phone, Fax & Internet	7/14	Spectrum Business/TWC		176.24	176.24
6240-00 · Telephone, Fax & Internet - Other				176.24	176.24
Total 6240-00 · Telephone, Fax & Internet - Other	7/6	Solutions Granted		600.00	600.00
Total 6240-00 · Telephone, Fax & Internet				600.00	600.00
				776.24	776.24

Maine County Commissioners Association
Profit & Loss Prev Year Comparison
July 1 through August 2, 2020

Accrual Basis

	July 2020	July 2019	\$ Change	% Change
Income				
4100-00 · Convention Income				
4120-00 · Registration	0.00	1,931.74	-1,931.74	-100.0%
4130-00 · Sponsorship	0.00	500.00	-500.00	-100.0%
4140-00 · Vendor	0.00	2,500.00	-2,500.00	-100.0%
Total 4100-00 · Convention Income	0.00	4,931.74	-4,931.74	-100.0%
4400-00 · Other Income	0.00	442.75	-442.75	-100.0%
4810-00 · Interest Earned	0.64	4.87	-4.23	-86.86%
Total Income	0.64	5,379.36	-5,378.72	-99.99%
Gross Profit	0.64	5,379.36	-5,378.72	-99.99%
Expense				
5000-00 · Payroll Expenses				
5020-00 · Payroll Fees	178.00	178.00	0.00	0.0%
5030-00 · FICA	361.54	926.20	-564.66	-60.97%
5040-00 · MainePERS Contributions	409.29	1,451.70	-1,042.41	-71.81%
5050-00 · Salary-Office Manager	4,919.35	4,744.40	174.95	3.69%
5060-00 · Salary-Executive Director	0.00	7,600.00	-7,600.00	-100.0%
Total 5000-00 · Payroll Expenses	5,868.18	14,900.30	-9,032.12	-60.62%
5100-00 · Insurance				
5110-00 · Health Insurance	1,006.70	977.37	29.33	3.0%
5120-00 · Commercial, Crime, D&O Ins	57.08	548.83	-491.75	-89.6%
Total 5100-00 · Insurance	1,063.78	1,526.20	-462.42	-30.3%
6040-00 · NACO Expenses				
6041-00 · Conferences	0.00	578.88	-578.88	-100.0%
Total 6040-00 · NACO Expenses	0.00	578.88	-578.88	-100.0%
6110-00 · Convention Expense				
6118-00 · Meeting Exp.	0.00	500.00	-500.00	-100.0%
Total 6110-00 · Convention Expense	0.00	500.00	-500.00	-100.0%
6150-00 · Equipment - Office				
6151-00 · Computer Hardware & Software	0.00	53.49	-53.49	-100.0%
6152-00 · IT Services	137.00	149.00	-12.00	-8.05%
6153-00 · Photocopier Lease	377.99	0.00	377.99	100.0%
Total 6150-00 · Equipment - Office	514.99	202.49	312.50	154.33%
6160-00 · Fees	0.00	60.00	-60.00	-100.0%
6170-00 · Meeting Expense				
6173-00 · Monthly	0.00	347.84	-347.84	-100.0%
Total 6170-00 · Meeting Expense	0.00	347.84	-347.84	-100.0%
6195-00 · Office Space Rental	1,497.17	1,497.17	0.00	0.0%
6235-00 · Supplies	37.15	203.94	-166.79	-81.78%
6240-00 · Telephone, Fax & Internet				

Accrual Basis

	July 2020	July 2019	\$ Change	% Change
6241-00 · Cell Phone	0.00	75.00	-75.00	-100.0%
6243-00 · Phone, Fax & Internet	176.24	177.17	-0.93	-0.53%
6240-00 · Telephone, Fax & Internet - Other	600.00	0.00	600.00	100.0%
Total 6240-00 · Telephone, Fax & Internet	<u>776.24</u>	<u>252.17</u>	<u>524.07</u>	<u>207.82%</u>
Total Expense	<u>9,757.51</u>	<u>20,068.99</u>	<u>-10,311.48</u>	<u>-51.38%</u>

LD

492

APPROVED

JUNE 6, 2019

BY GOVERNOR

CHAPTER

214

PUBLIC LAW

STATE OF MAINE

IN THE YEAR OF OUR LORD

TWO THOUSAND NINETEEN

S.P. 157 - L.D. 492

**An Act To Extend from 6 Months to One Year the Notice Period Required
under the Maine Tort Claims Act**

Be it enacted by the People of the State of Maine as follows:

Sec. 1. 14 MRSA §8107, sub-§1, as amended by PL 1989, c. 327, is further amended to read:

1. Notice requirements for filing. Within ~~180~~ 365 days after any claim or cause of action permitted by this chapter accrues, or at a later time within the limits of section 8110, when a claimant shows good cause why notice could not have reasonably been filed within the ~~180-day~~ 365-day limit, a claimant or a claimant's personal representative or attorney shall file a written notice containing:

- A. The name and address of the claimant, and the name and address of the claimant's attorney or other representative, if any;
- B. A concise statement of the basis of the claim, including the date, time, place and circumstances of the act, omission or occurrence complained of;
- C. The name and address of any governmental employee involved, if known;
- D. A concise statement of the nature and extent of the injury claimed to have been suffered; and
- E. A statement of the amount of monetary damages claimed.

Sec. 2. 14 MRSA §8107, sub-§2, as amended by PL 2001, c. 249, §1, is further amended to read:

2. Incapacity. If the claimant is incapacitated and thereby prevented from presenting and filing the claim within the time prescribed or if the claimant is a minor, the claim may be presented and filed on behalf of the claimant by any relative, attorney or agent representing the claimant. If the claimant is a minor when the cause of action accrues, the notice may be presented within ~~180~~ 365 days of the minor's attaining 18 years of age.

Sec. 3. Application. This Act applies only to causes of action that accrue on or after January 1, 2020.



STATEWIDE MENTAL HEALTH RESOURCES



SUPPORTS

SUPPORT GROUPS Free & confidential mental-health support groups for family members and peers.

Learn more at: www.namimaine.org/supportgroups

FAMILY TO FAMILY Free, evidence-based, 8-week educational course for family members and friends of people living with mental illness. Learn more at: www.namimaine.org/familytofamily

HELPLINE 800-464-5767, ext. 1 The Helpline is a safe and confidential mental health support and referral service for peers, law enforcement, professionals, friends, and family members. The Helpline also provides a virtual service connecting individuals in need of support to volunteer mental health providers for brief (15-30 minute) one-time check-ins. Learn more at: www.namimaine.org/helpline

TEEN TEXT SUPPORT LINE (207) 515-8398 The Teen Text Support Line supports youth ages 14-20 and staffed by individuals under 23 years of age. Learn more at: www.namimaine.org/teentextline

FAMILY RESPITE PROGRAM Assists families by providing a break in caring for a child with significant developmental delays and behavioral or emotional disorders. Learn more at: www.namimaine.org/respitfamily

24 HOUR PHONE SUPPORT

INTENTIONAL WARM LINE 1-866-771-9276

Toll-free 24 hours a day, seven days a week mental health peer-to-peer phone support line for adults, aged 18 and older. www.sweetser.org/programs-services/services-for-adults/peer-services/intentional-warm-line/

MAINE STATE CRISIS LINE 1-888-568-1112

If you are concerned about yourself or about somebody else, call the 24-hour crisis hotline and speak with a trained crisis clinician who can connect you to the closest crisis center.

www.heretohelpmaine.com

AUTISM SOCIETY OF MAINE

Improving the lives of individuals with autism and their families

www.asmonline.org

G.E.A.R. PARENT NETWORK

Free services and support to parents from parents of children with emotional and behavioral health concerns.

www.gearparentnetwork.org

MAINE PARENT FEDERATION

No cost support and training for parents of children with special needs

www.mpf.org

FIND A THERAPIST OR COUNSELOR

Search for a provider by zip code:

www.psychologytoday.com/us

HEALTH AFFILIATES MAINE

Broad base of mental health services

www.healthaffiliatesmaine.com

ANDROSCOGGIN, FRANKLIN & OXFORD COUNTY RESOURCES

For Mental Health & Substance Use

REGIONAL CRISIS AGENCY

Individuals in need of mental health and other related services:

Sweetser

1-800-434-3000

www.sweetser.org

PEER CENTERS

Peer to Peer Support for mental-health and substance abuse challenges:

Beacon House Peer Recovery Center

207-364-3549

www.ocmhs.org/services/beacon-house-peer-recover-center

CLUBHOUSES

Program for adults with mental illness that provides employment, education, wellness, and social opportunities:

Looking Ahead Clubhouse

207-376-1711

www.lookingaheadclubhouse.org

The R.E.S.T. Center

207-783-7378

www.restcenter.org

RECOVERY CENTERS

Men and women looking for help with addiction and substance use:

St. Francis Recovery Center Residential Rehabilitation

207- 784-2901

www.ccmaine.org/st-francis-recovery-center/residential-rehabilitation

Lakes Region Recovery Center

207-803-8709

www.lrrcbridgton.org

Western Maine Addiction Recovery Initiative

www.wmari.org

Grace St. Services

207-795-0149

HOMELESS SHELTERS

Individuals in need of shelter due to homelessness:

Maine State Housing Authority

207-626-4600

www.mainehousing.org/programs-services/homeless/emergency-shelters

FOOD PANTRIES

Local community members experiencing food insecurity:

Androscoggin County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Androscoggin.shtml

Franklin County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Franklin.shtml

Oxford County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Oxford.shtml



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AROOSTOOK COUNTY RESOURCES



For Mental Health & Substance Use

REGIONAL CRISIS AGENCY

Individuals in need of mental health and other related services:

Aroostook Mental Health Center

1-800-244-6431

www.amhc.org

PEER CENTERS

Peer to Peer Support for mental-health and substance abuse challenges:

Valley Peer Center

207-728-4806

www.facebook.com/SJVPeerCenter/

Harvest Inn Peer Center

207-492-1386

www.facebook.com/Harvest-Inn-Peer-Center-2597678060460012/

Aroostook Recovery Center of Hope

207-254-2213

www.facebook.com/ARCH04730/

Roads to Recovery Community Center

207-493-1278

www.facebook.com/roadstorecoverycommunitycenter/

RECOVERY CENTERS

Men and women looking for help with addiction and substance use:

Aroostook Mental Health Center

1-800-244-6431

www.amhc.org/substance-use-services/

HOMELESS SHELTERS

Individuals in need of shelter due to homelessness:

Maine State Housing Authority

207-626-4600

www.mainehousing.org/programs-services/homeless/emergency-shelters

FOOD PANTRIES

Local community members experiencing food insecurity:

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Aroostook.shtml



STATEWIDE MENTAL HEALTH RESOURCES



nami | **Maine**
National Alliance on Mental Illness



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www.heretohelpmaine.com

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Broad base of mental health services

www.healthaffiliatesmaine.com

CUMBERLAND COUNTY RESOURCES

For Mental Health & Substance Use



REGIONAL CRISIS AGENCY

Individuals in need of mental health and other related services:

The Opportunity Alliance

207-523-5049

www.opportunityalliance.org

COMMUNITY SERVICES

Serving youth ages 5-24 with programming encouraging physical, social, emotional, and academic development:

Greater Portland Health

207-874-2141

www.greaterportlandhealth.org

PEER CENTERS

Peer to Peer Support for mental-health and substance abuse challenges:

Amistad

207-773-1956

www.amistadmaine.org

RECOVERY CENTERS

Men and women looking for help with addiction and substance use:

Portland Recovery Community Center

207-553-2575

www.portlandrecovery.org

Milestone Recovery

207-775-4790

www.milestone-recovery.org

Journey House Recovery

207-613-4709

www.jhrecovery.org

Top of the Hill Counseling

207-780-8999

www.topofthehill.me

Day One

207-874-1045

www.day-one.org

HOMELESS SHELTERS

Individuals in need of shelter due to homelessness:

Maine State Housing Authority

207-626-4600

www.mainehousing.org/programs-services/homeless/emergency-shelters

FOOD PANTRIES

Local community members experiencing food insecurity:

Wayside Food Programs

Directory of food pantry and assistance programs

www.waysidemaine.org/community-resources



STATEWIDE MENTAL HEALTH RESOURCES



nami | **Maine**
National Alliance on Mental Illness



SUPPORTS

SUPPORT GROUPS Free & confidential mental-health support groups for family members and peers.

Learn more at: www.namimaine.org/supportgroups

FAMILY TO FAMILY Free, evidence-based, 8-week educational course for family members and friends of people living with mental illness. Learn more at: www.namimaine.org/familytofamily

HELPLINE 800-464-5767, ext. 1 The Helpline is a safe and confidential mental health support and referral service for peers, law enforcement, professionals, friends, and family members. The Helpline also provides a virtual service connecting individuals in need of support to volunteer mental health providers for brief (15-30 minute) one-time check-ins. Learn more at: www.namimaine.org/helpline

TEEN TEXT SUPPORT LINE (207) 515-8398 The Teen Text Support Line supports youth ages 14-20 and staffed by individuals under 23 years of age. Learn more at: www.namimaine.org/teentextline

FAMILY RESPITE PROGRAM Assists families by providing a break in caring for a child with significant developmental delays and behavioral or emotional disorders. Learn more at: www.namimaine.org/respitfamily

24 HOUR PHONE SUPPORT

INTENTIONAL WARM LINE 1-866-771-9276

Toll-free 24 hours a day, seven days a week mental health peer-to-peer phone support line for adults, aged 18 and older.
www.sweetser.org/programs-services/services-for-adults/peer-services/intentional-warm-line/

MAINE STATE CRISIS LINE 1-888-568-1112

If you are concerned about yourself or about somebody else, call the 24-hour crisis hotline and speak with a trained crisis clinician who can connect you to the closest crisis center.

www.heretohelpmaine.com

AUTISM SOCIETY OF MAINE

Improving the lives of individuals with autism and their families

www.asmonline.org

G.E.A.R. PARENT NETWORK

Free services and support to parents from parents of children with emotional and behavioral health concerns.

www.gearparentnetwork.org

MAINE PARENT FEDERATION

No cost support and training for parents of children with special needs

www.mpf.org

FIND A THERAPIST OR COUNSELOR

Search for a provider by zip code:

www.psychologytoday.com/us

HEALTH AFFILIATES MAINE

Broad base of mental health services

www.healthaffiliatesmaine.com

HANCOCK & WASHINGTON COUNTY RESOURCES

For Mental Health & Substance Use



REGIONAL CRISIS AGENCY

Individuals in need of mental health and other related services:

Aroostook Mental Health Center

1-800-244-6431

www.amhc.org

PEER CENTERS

Peer to Peer Support for mental-health and substance abuse challenges:

Your Place Recovery

207-812-4479

www.facebook.com/Yourplacerecovery/

DownEast Recovery Support Center

207-952-9279

www.bangorrecovery.org/recovery-center/

CLUBHOUSES

Program for adults with mental illness that provides employment, education, wellness, and social opportunities:

Eagle's Nest Clubhouse

207-389-3300

www.facebook.com/EaglesNestClubhouseMaine/

RECOVERY CENTERS

Men and women looking for help with addiction and substance use:

Aroostook Mental Health Center

207-259-6238

www.amhc.org/substance-use-services/

HOMELESS SHELTERS

Individuals in need of shelter due to homelessness:

Maine State Housing Authority

207-626-4600

www.mainehousing.org/programs-services/homeless/emergency-shelters

Families First Community Center

207-412-2045

www.familiesfirstellsworth.org/

FOOD PANTRIES

Local community members experiencing food insecurity:

Hancock County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Hancock.shtml

Washington County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Washington.shtml



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TEEN TEXT SUPPORT LINE (207) 515-8398 The Teen Text Support Line supports youth ages 14-20 and staffed by individuals under 23 years of age. Learn more at: www.namimaine.org/teentextline

FAMILY RESPITE PROGRAM Assists families by providing a break in caring for a child with significant developmental delays and behavioral or emotional disorders. Learn more at: www.namimaine.org/respitfamily

24 HOUR PHONE SUPPORT

INTENTIONAL WARM LINE 1-866-771-9276

Toll-free 24 hours a day, seven days a week mental health peer-to-peer phone support line for adults, aged 18 and older. www.sweetser.org/programs-services/services-for-adults/peer-services/intentional-warm-line/

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HEALTH AFFILIATES MAINE

Broad base of mental health services

www.healthaffiliatesmaine.com

KENNEBEC, SOMERSET & WALDO COUNTY RESOURCES

For Mental Health & Substance Use



REGIONAL CRISIS AGENCY

Individuals in need of mental health and other related services:

Kennebec & Somerset County

Crisis & Counseling

207-626-3448

www.crisisandcounseling.org

Waldo County

Sweetser

1-800-464-3000

www.sweetser.org

PEER CENTERS

Peer to Peer Support for mental-health and substance abuse challenges:

Waterville Peer Recovery Center

207-859-2667

www.namimaine.org/PeerCenter

LINC Wellness & Recovery Center

207-626-3465

www.mocomaine.com/linc-wellness-recovery-center

CLUBHOUSES

Program for adults with mental illness that provides employment, education, wellness, and social opportunities:

Capitol Clubhouse

207-629-9080

www.capitol-clubhouse.org

High Hopes Clubhouse

207-877-0038

www.highhopesclubhouse.org

RECOVERY CENTERS

Men and women looking for help with addiction and substance use:

Blue Sky Counseling

207-616-0705

www.blueskycounseling.com

Day One

207-874-1045

www.day-one.org

HOMELESS SHELTERS

Individuals in need of shelter due to homelessness:

Maine State Housing Authority

207-626-4600

www.mainehousing.org/programs-services/homeless/emergency-shelters

FOOD PANTRIES

Local community members experiencing food insecurity:

Kennebec County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Kennebec.shtml

Franklin County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Somerset.shtml

Waldo County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Waldo.shtml



STATEWIDE MENTAL HEALTH RESOURCES



SUPPORTS

SUPPORT GROUPS Free & confidential mental-health support groups for family members and peers.

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HEALTH AFFILIATES MAINE

Broad base of mental health services

www.healthaffiliatesmaine.com

PENOBSCOT & PISCATAQUIS COUNTY RESOURCES



For Mental Health & Substance Use

REGIONAL CRISIS AGENCY

Individuals in need of mental health and other related services:

Community Health & Counseling (CHCS)

1-800-924-3066

www.chcs-me.org

PEER CENTERS

Peer to Peer Support for mental-health and substance abuse challenges:

Together Place

207-941-2907

www.togetherplace.org

CLUBHOUSES

Program for adults with mental illness that provides employment, education, wellness, and social opportunities:

Unlimited Solutions Clubhouse

207-404-8383

www.unlimitedsolutionsclubhouse.com

RECOVERY CENTERS

Men and women looking for help with addiction and substance use:

Wellspring

207-941-1612

www.wellspringmaine.com

Bangor Area Recovery Network

207-561-9444

www.bangorrecovery.org/recovery-center/

HOMELESS SHELTERS

Individuals in need of shelter due to homelessness:

Maine State Housing Authority

(207) 626-4600

www.mainehousing.org/programs-services/homeless/emergency-shelters

FOOD PANTRIES

Local community members experiencing food insecurity:

Penobscot County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Penobscot.shtml

Piscataquis County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Piscataquis.shtml



STATEWIDE MENTAL HEALTH RESOURCES



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24 HOUR PHONE SUPPORT

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www.sweetser.org/programs-services/services-for-adults/peer-services/intentional-warm-line/

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www.heretohelpmaine.com

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www.gearparentnetwork.org

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FIND A THERAPIST OR COUNSELOR

Search for a provider by zip code:

www.psychologytoday.com/us

HEALTH AFFILIATES MAINE

Broad base of mental health services

www.healthaffiliatesmaine.com

SAGADAHOC, LINCOLN & KNOX COUNTY RESOURCES

For Mental Health & Substance Use

REGIONAL CRISIS AGENCY

Individuals in need of mental health and other related services:

Sweetser

1-800-434-3000

www.sweetser.org

PEER CENTERS

Peer to Peer Support for mental-health and substance abuse challenges:

Amistad - Bath

207-389-4936

www.amistadmaine.org/peer-learning-community-at-bath/

Amistad - Boothbay

207-315-6236

www.amistadmaine.org/boothbay-region-peer-center/

Rockland Peer Support Center

207-701-4417

www.facebook.com/MBHRocklandPeer/

COMMUNITY SERVICES

Serving youth ages 5-24 with programming encouraging physical, social, emotional, and academic development:

Mid Coast Community Alliance

207-443-6856

www.mcmaine.org/

RECOVERY CENTERS

Men and women looking for help with addiction and substance use:

Mid Coast Hospital Addiction Resource Center

1-800-244-3805

www.midcoasthealth.com/addiction/

CLUBHOUSES

Program for adults with mental illness that provides employment, education, wellness, and social opportunities:

Village Clubhouse

207-837-6260

www.villageclubhouse.org

HOMELESS SHELTERS

Individuals in need of shelter due to homelessness:

Maine State Housing Authority

207-626-4600

www.mainehousing.org/programs-services/homeless/emergency-shelters

FOOD PANTRIES

Local community members experiencing food insecurity:

Knox County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Knox.shtml

Lincoln County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Lincoln.shtml

Sagadahoc County

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/Sagadahoc.shtml



STATEWIDE MENTAL HEALTH RESOURCES



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HEALTH AFFILIATES MAINE

Broad base of mental health services

www.healthaffiliatesmaine.com

YORK COUNTY RESOURCES

For Mental Health & Substance Use



REGIONAL CRISIS AGENCY

Individuals in need of mental health and other related services:

Sweetser

1-800-434-3000

www.sweetser.org

COMMUNITY SERVICES

Serving youth ages 5-24 with programming encouraging physical, social, emotional, and academic development:

York Community Service Association

207-363-5504

www.ycsame.org

PEER CENTERS

Peer to Peer Support for mental-health and substance abuse challenges:

Biddeford Peer Support Center - 207-358-4414

<https://mainehealth.org/locations/maine-behavioral-healthcare/maine-behavioral-healthcare-biddeford-peer-support-center>

Sanford Peer Support Center - 207-490-5253

<https://mainehealth.org/locations/maine-behavioral-healthcare/maine-behavioral-healthcare-sanford-peer-support-center>

RECOVERY CENTERS

Men and women looking for help with addiction and substance use:

Journey House Recovery

Milestone Recovery

Low barrier, peer-run recovery house for addiction

Substance use and behavioral health disorders

207-613-4709

207-775-4790

www.jhrecovery.org

www.milestone-recovery.org

HOMELESS SHELTERS

Individuals in need of shelter due to homelessness:

York County Shelter Programs

Caring Unlimited

Offering shelter, and a number of other therapeutic services

Domestic Violence Shelter for Women

207-324-1137

1-800-239-7298

www.yorkcountyshelterprograms.com

www.caring-unlimited.org

FOOD PANTRIES

Local community members experiencing food insecurity:

York County Food Assistance

Directory of food pantry and assistance programs

www.maine.gov/dacf/ard/tefap/York.shtml